



6'x6' Sauna Plan



Free vs. Premium Plan: What's the Difference?

We offer both free and premium versions of our detailed shed plans, designed to fit your needs and budget. Check out the table below to see the key differences and choose the plan that's right for you:

Features	Free Plan	Premium Plan
Steps Count	10	25
Illustrations per Step	Limited	Every Step
Print Ready Format	X	✓
Step-by-Step Instructions	Basic	Comprehensive
Full Materials & Cutting List	X	✓
Additional Illustrations	X	✓
Additional Blueprints	X	✓
Tools List	X	✓
Fastening Elements List	X	✓
Technical Support	X	✓

[Try Premium Risk-Free](#)

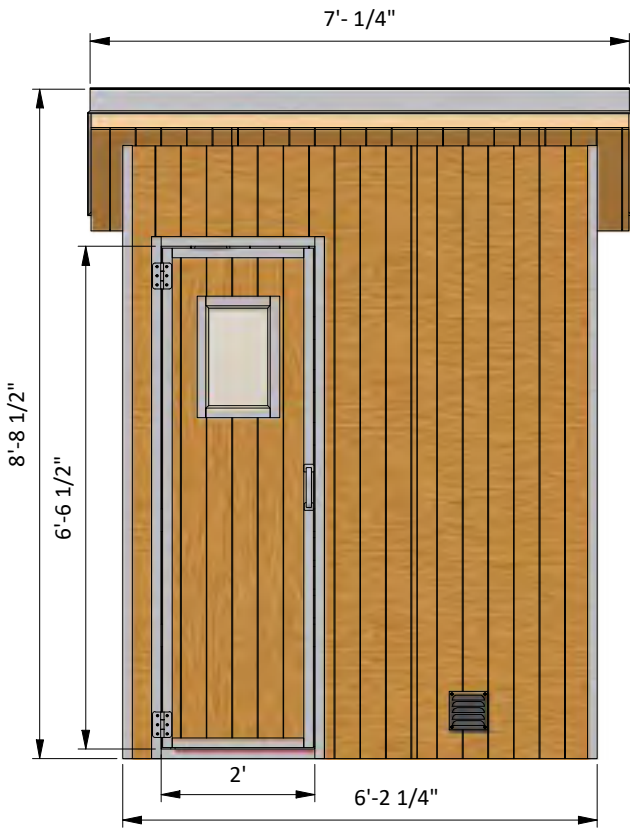
60-day refund policy with no questions asked.

6'x6' Sauna shopping list

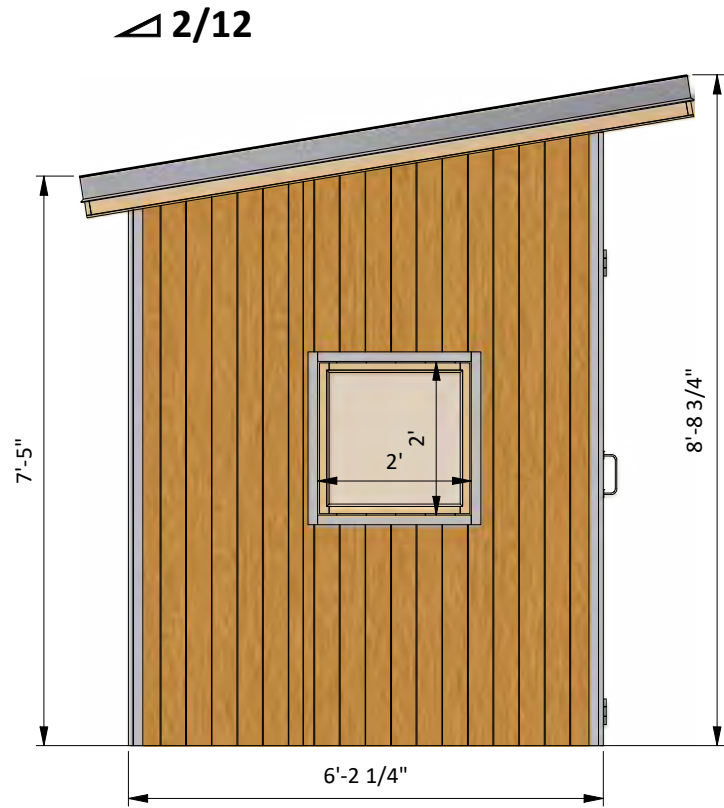
Material	Unit	Qty	Size
Lumber (1 x 2)	pcs	25	6'
Lumber (1 x 2)	pcs	30	8'
Lumber (1 x 4)	pcs	2	8'
Lumber (1 x 6)	pcs	2	8'
Lumber (2 x 2)	pcs	2	8'
Lumber (2 x 4)	pcs	22	6'
Lumber (2 x 6)	pcs	9	8'
Cedar lumber (1 x 6)	square ft	220	
Window beading	ft	8	
OSB (1/2")	pcs	1	4' x 8'
Plywood siding (11/32")	pcs	8	4' x 8'

Size & Dimensions

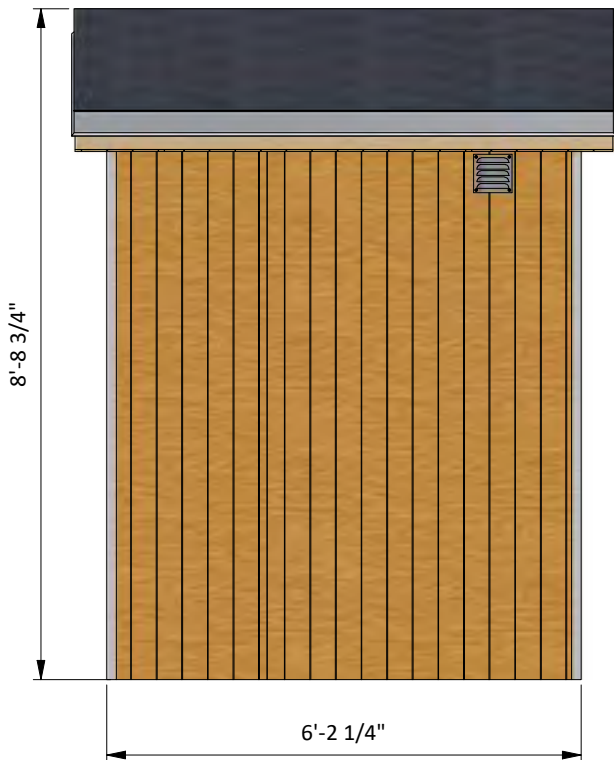
front



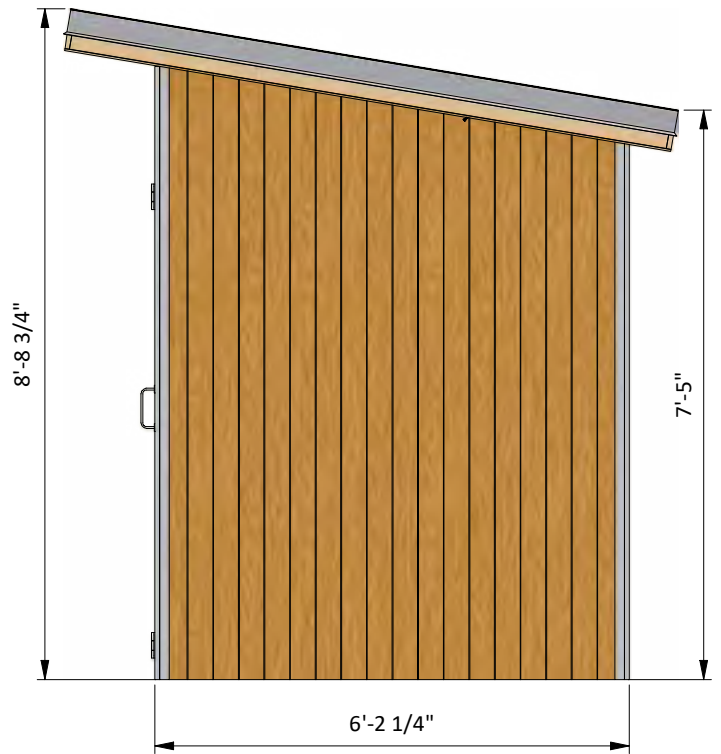
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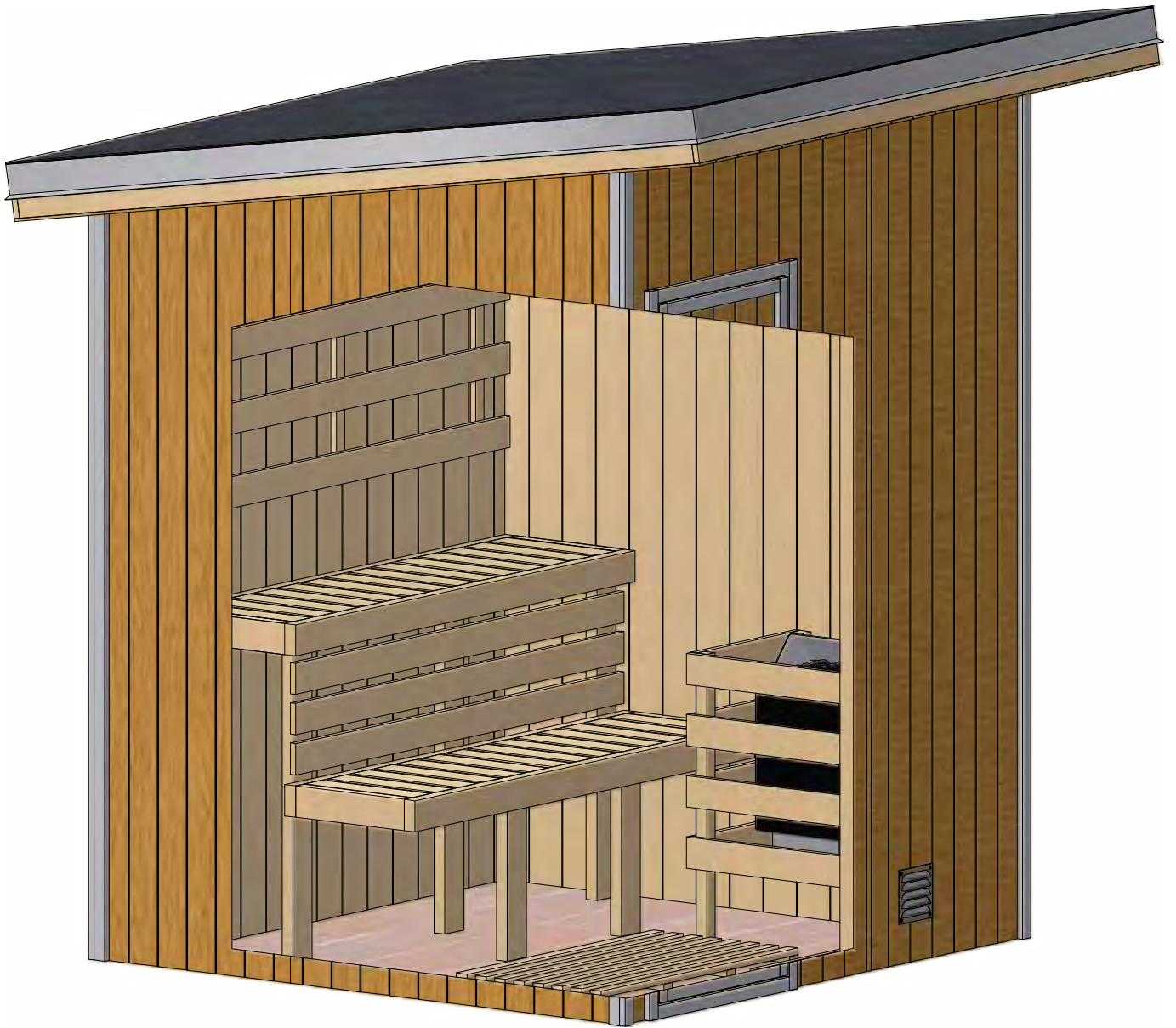
back



right



Interior view



STEP 1

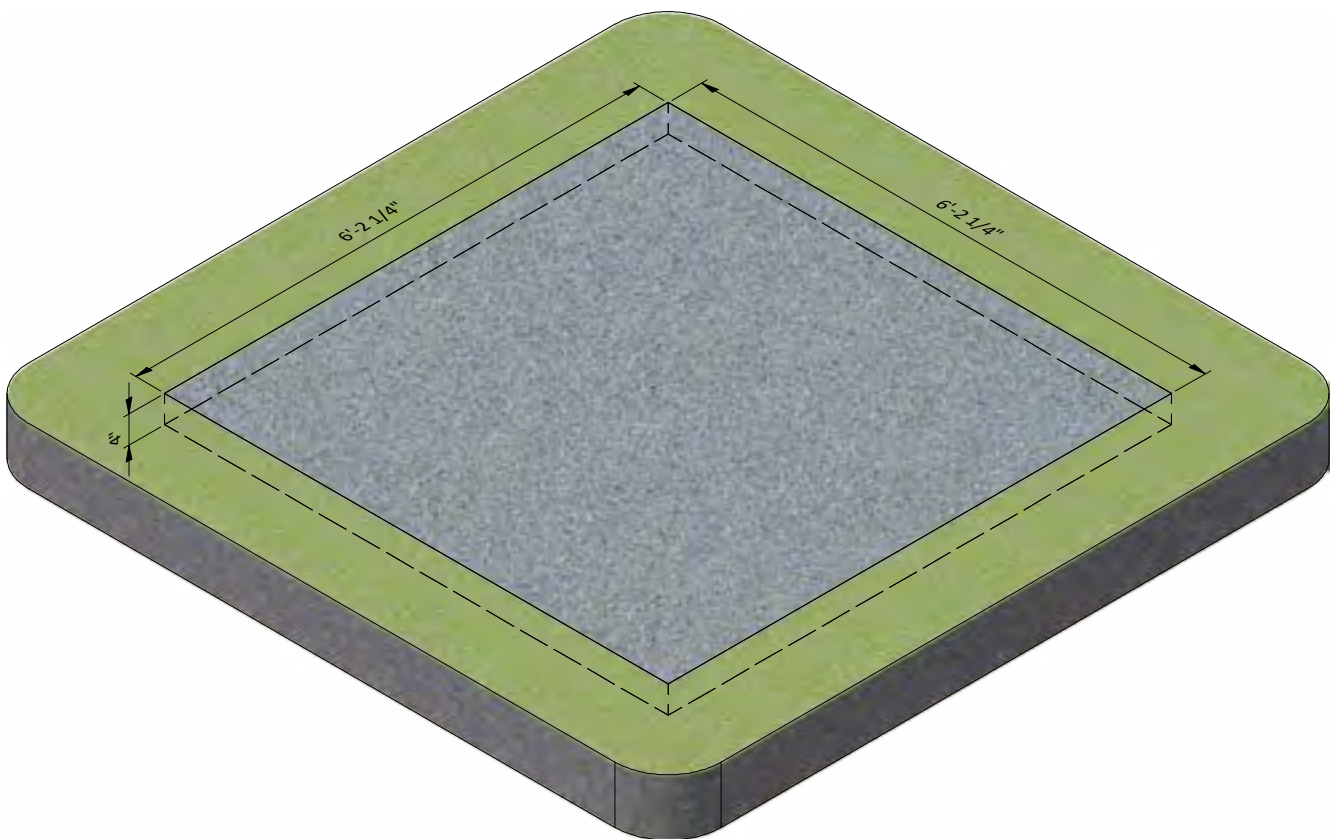
Foundation Preparation

1.1 Clear the area where you want to build the sauna and layout for the foundation. Use the illustration below as a guide.

1.2 For the slab, take off 4 inches of soil according to the drawings.

1.3 To reinforce the concrete slab, place number 4 reinforcement at 16 inch spacing and tie with binding wire at the intersection points of the resulting reinforcement mesh.

1.4 Fill the pit to ground level with concrete and let cure, or harden. Since curing times vary between brands, read the packaging for recommended curing times.



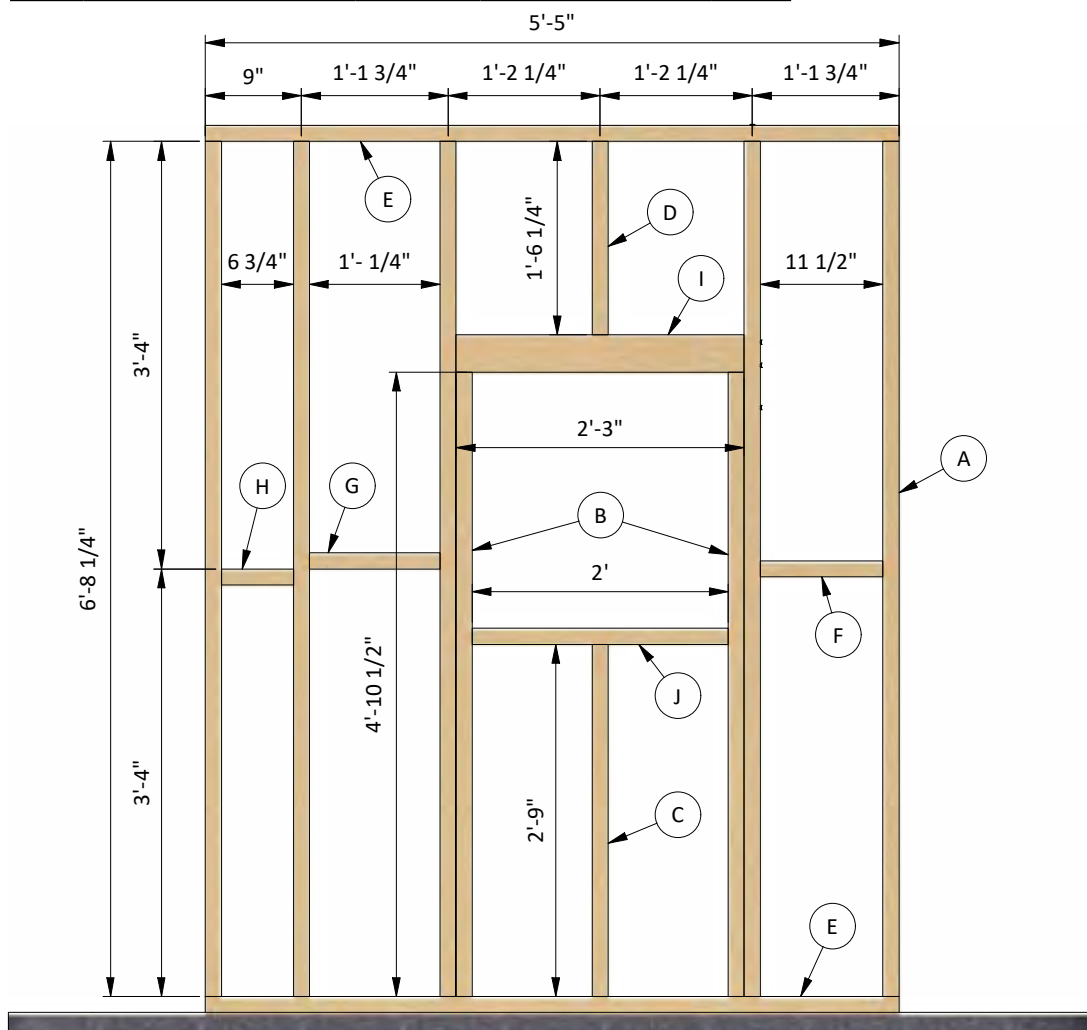
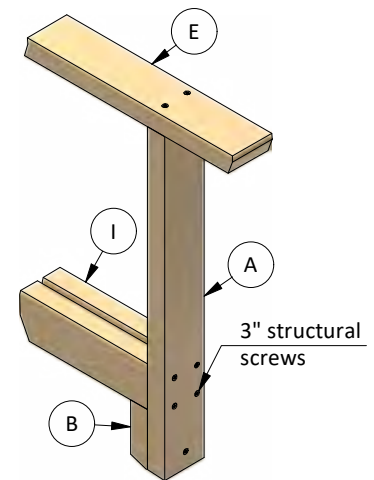
STEP 2

Assemble Left Wall Frame

2.1 Using 2x4 lumber, construct left wall frame using the drawing below as a reference. You will need to prepare beams in necessary quantity according to the cutting list below.

2.2 Connect the beams with 3" structural screws.

Pos	Description	Material	Dimension	Qty
A	Stud	2x4	6'-8 1/4"	5
B	Stud	2x4	4'-10 1/2"	2
C	Stud	2x4	2'-9"	1
D	Cripple stud	2x4	1'-6 1/4"	1
E	Top/Bottom beam	2x4	5'-5"	2
F	Blocking board	2x4	11 1/2"	1
G	Blocking board	2x4	1'-1/4"	1
H	Blocking board	2x4	6 3/4"	1
I	Window header	2x4	2'-3"	2
J	Rough sill	2x4	2'	1



STEP 3

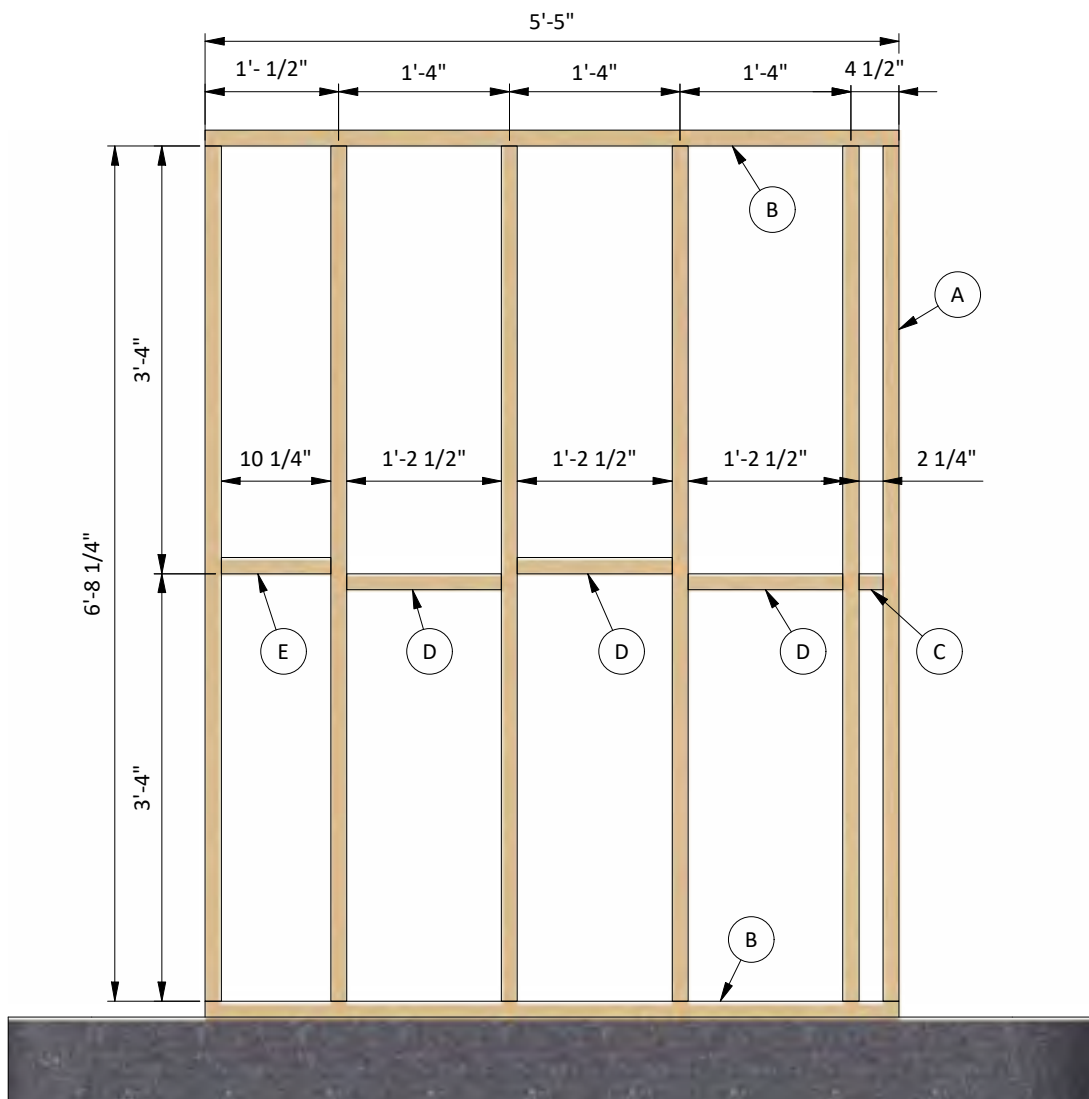
Assemble Right Wall Frame

3.1 Using 2x4 lumber, construct right wall frame using the drawing below as a reference. You will need to prepare beams in necessary quantity according to the cutting list below.

3.2 Connect the beams with 3" structural screws.

3.3 Using a speed square or carpenter's square, check the corners to make sure they are 90°.

Pos	Description	Material	Dimension	Qty
A	Stud	2x4	6'-8 1/4"	6
B	Top/Bottom beam	2x4	5'-5"	2
C	Blocking board	2x4	2 1/4"	1
D	Blocking board	2x4	1'-2 1/2"	3
E	Blocking board	2x4	10 1/4"	1



STEP 4

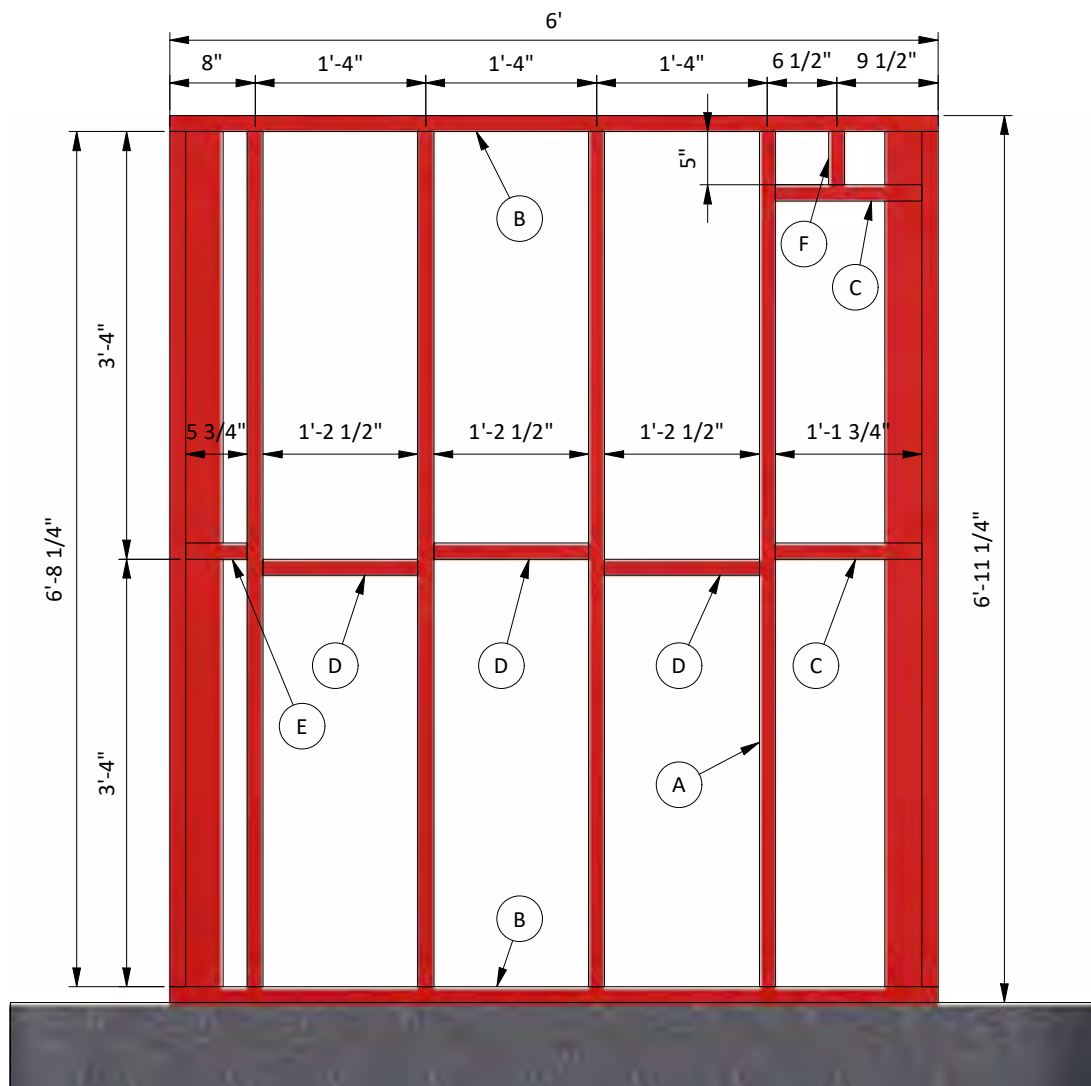
Assemble Back Wall Frame

4.1 Using 2x4 lumber, construct back wall frame using the drawing below as a reference. You will need to prepare beams in necessary quantity according to the cutting list below.

4.2 Connect the beams with 3" structural screws.

4.3 Using a speed square or carpenter's square, check the corners to make sure they are 90°.

Pos	Description	Material	Dimension	Qty
A	Stud	2x4	6'-8 1/4"	8
B	Top/ Bottom beam	2x4	6'	2
C	Blocking board	2x4	1'-1 3/4"	2
D	Blocking board	2x4	1'-2 1/2"	3
E	Blocking board	2x4	5 3/4"	1
F	Blocking board	2x4	5"	1



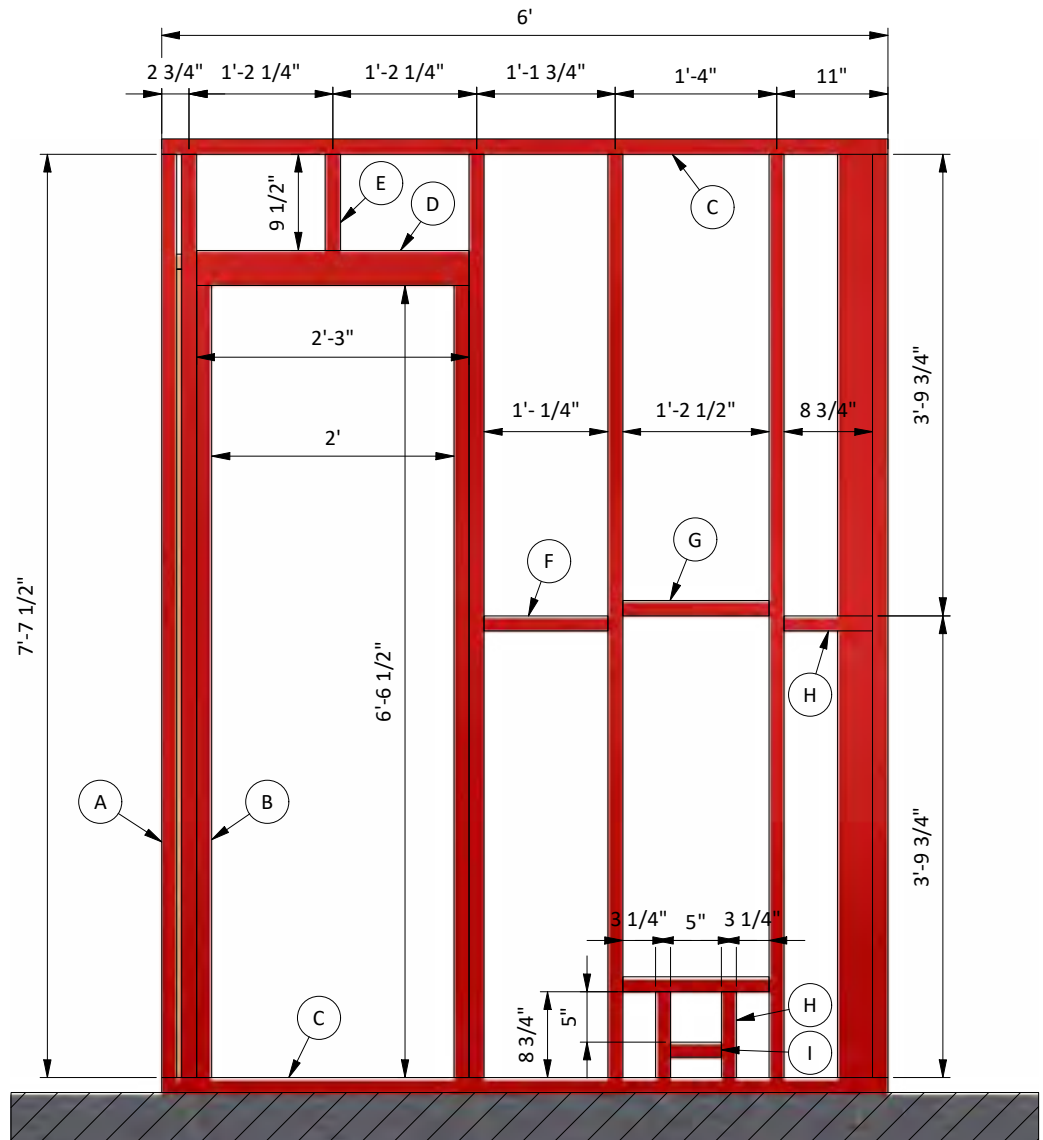
STEP 5

Assemble Front Wall Frame

5.1 Using 2x4 lumber, construct front wall frame using the drawing below as a reference. You will need to prepare beams in necessary quantity according to the cutting list below.

5.2 Connect the beams with 3" structural screws.

Pos	Description	Material	Dimension	Qty
A	Stud	2x4	7'-7 1/2"	7
B	Stud	2x4	6'-6 1/2"	2
C	Top/Bottom beam	2x4	6'	2
D	Door header	2x4	2'-3"	2
E	Cripple stud	2x4	9 1/2"	1
F	Blocking board	2x4	1'-1/4"	1
G	Blocking board	2x4	1'-2 1/2"	2
H	Blocking board	2x4	8 3/4"	3
I	Blocking board	2x4	5"	1

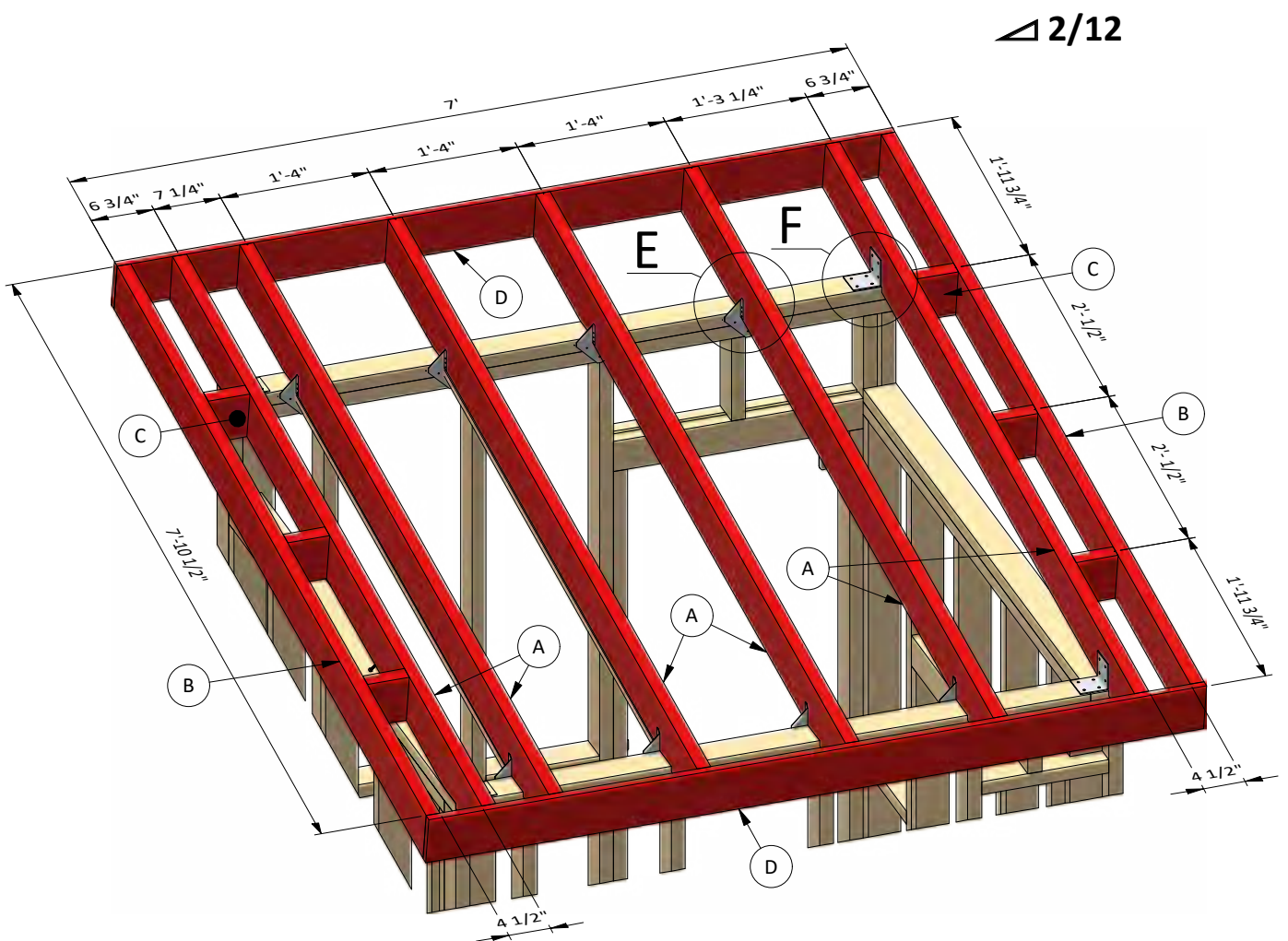


STEP 6

Assemble the Roof Frame

- 6.1 Using 2x6 lumber, cut six rafters according to the dimensions in drawings below.
- 6.2 Using 2x6 board prepare lookouts and overhang rafters and install them from sides of the roof.
- 6.3 Secure the rafters to the walls using H1 ties and 3x3 corner brackets.
- 6.4 Using 1x6 boards prepare two fascias and fix them to the rafters.

Pos	Description	Material	Dimension	Qty
A	Rafters	2x6	7'-10 1/2"	6
B	Overhang rafters	2x6	7'-10 1/2"	2
C	Lookout	2x6	4 1/2"	6
D	Fascia	1x6	7'	2



STEP 7

Roof Sheathing Installation

7.1 Prepare metal drip edge with 6" width. You will need 32' to cover all the perimeter.

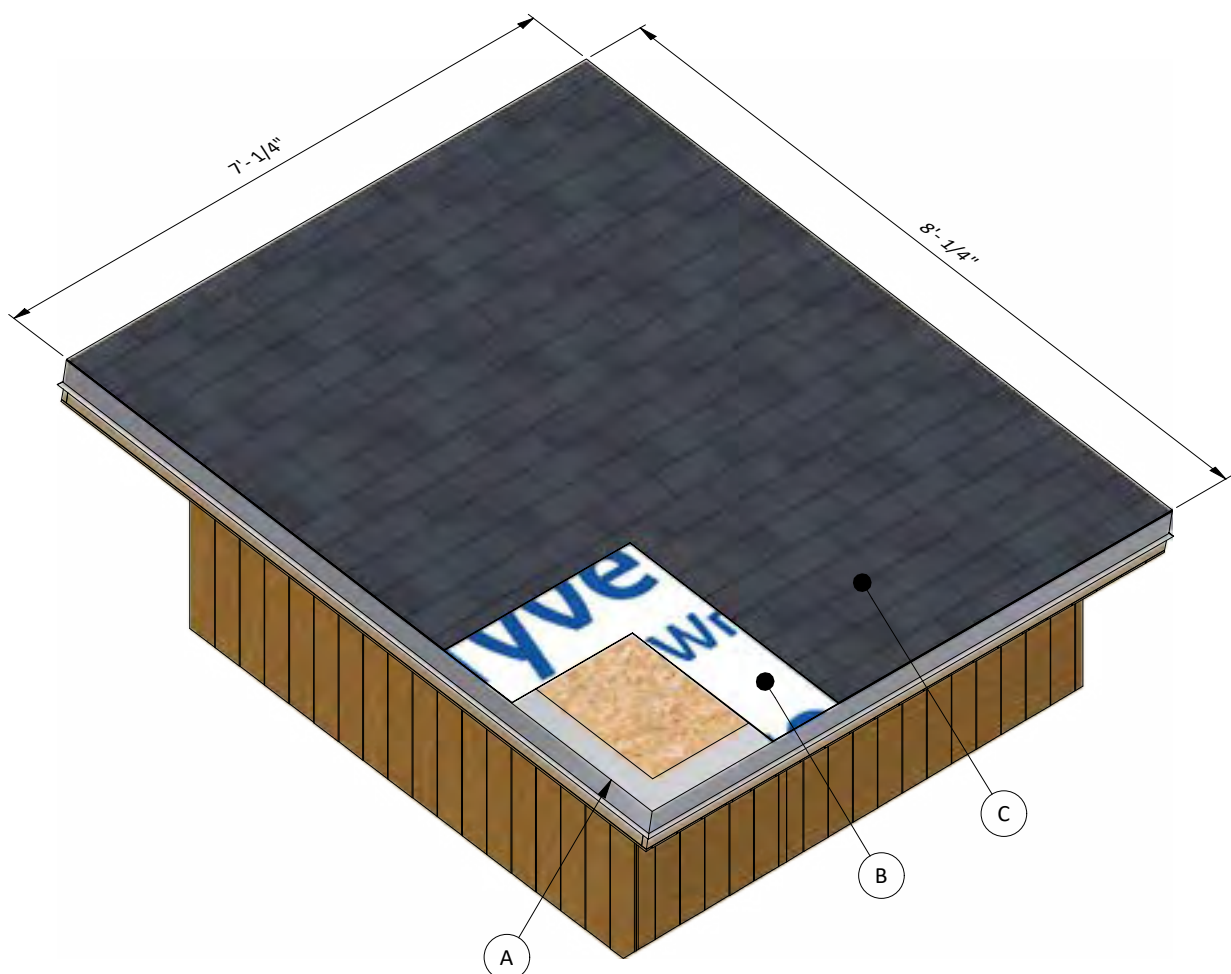
7.2 Place the drip edge down, aligning it to the OSB edge. Use 2" nails to secure the first drip edge. When you place the next drip edge piece, it should overlap the first by an inch.

7.3 You will need 60 Sq Ft of house wrap and asphalt shingle roofing.

7.4 Cover the OSB and drip edge with house wrap. Try to install sheets with 1" overlapping. Use 2" nails to secure the sheets.

7.5 Install asphalt shingle roofing using an industrial stapler.

Pos	Description	Material	Dimension	Qty
A	Metal drip edge	6"	-	32'
B	Roof sheathing	House wrap	-	60 square ft
C	Roof sheathing	Asphalt shingle roofing	-	60 square ft



STEP 8

Window Installation for the Left Wall

8.1 Using 2x2 lumber, assemble the outer frame for the window as shown in the drawing below. You will need four boards cut to 1'-11 1/2" that will be the vertical and horizontal girts. Cut the recesses in each beam for splicing connection and mill a recess for the glass.

8.2 Prepare and install glass into inner frame groove and fasten it by window beading from four sides. Use 1/2" galvanized nails.

8.3 Insert window into side wall openings and connect them with 2" structural screws to the wall beams.

Pos	Description	Material	Dimension	Qty
A	Vertical girts	2x2	1'-11 1/2"	2
B	Top/bottom beam	2x2	1'-11 1/2"	2
C	Glass	1/8"	1'-9 1/4" x 1'-9 1/4"	1
D	Window beading			8ft



STEP 9

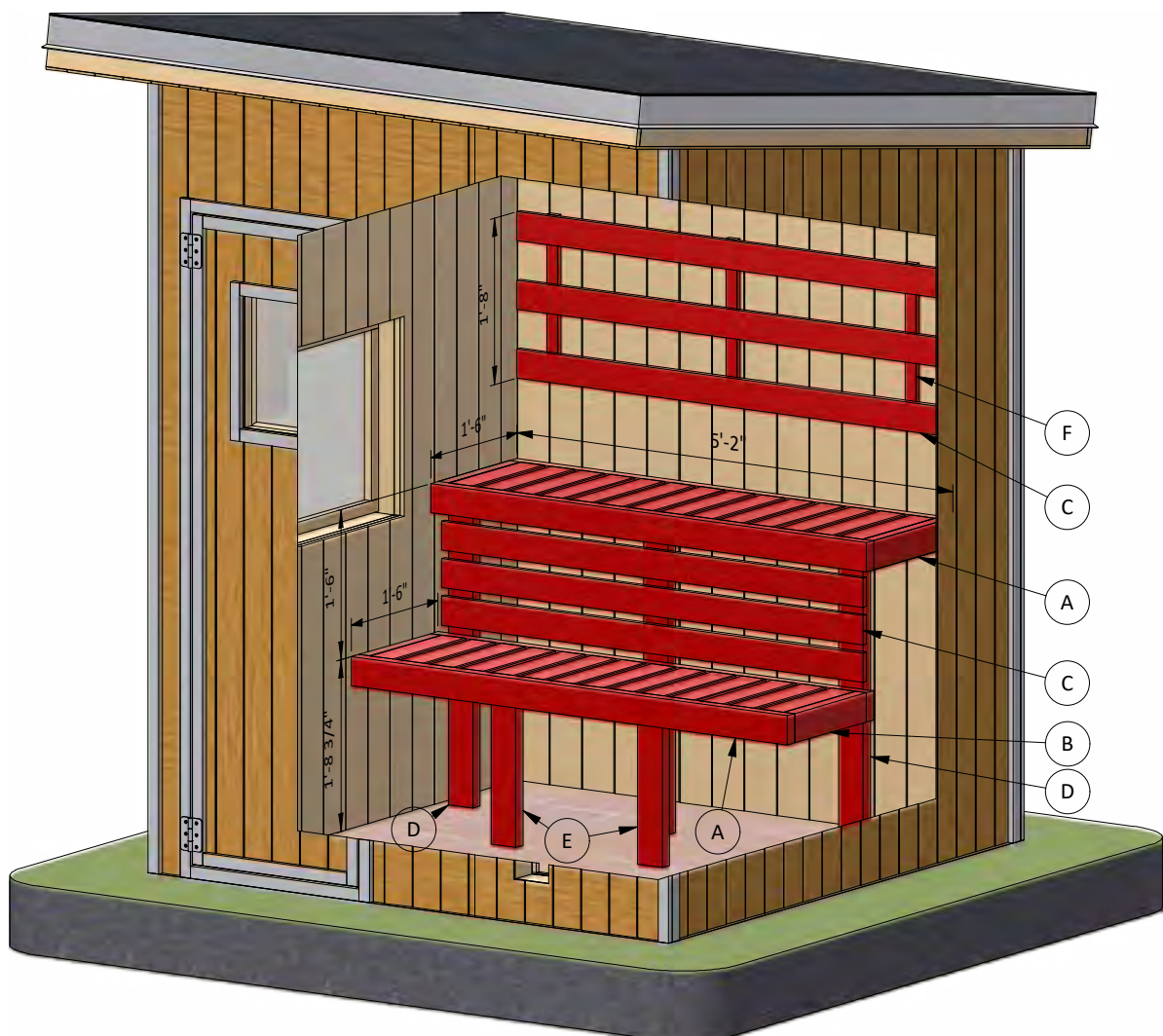
Assemble the Bench

9.1 Using 1x4 and 2x4 lumber, assemble the bench using the drawing below as a reference. You will need to prepare beams in necessary quantity according to the cutting list below.

9.2 Connect the beams with 2" and 3" structural screws.

9.3 Using a speed square or carpenter's square, check the corners to make sure they are 90°.

Pos	Description	Material	Dimension	Qty
A	Bench rails	2x4	5'-2"	4
B	Seat splat	2x4	1'-3"	32
C	Backrest spalts	1x4	5'	6
D	Support stud	2x4	3'-1 1/4"	3
E	Support stud	2x4	1'-7 1/4"	2
F	Girt	1x4	1'-8"	3



STEP 10

Final Touches

Now that your sauna is all done, you are ready to decorate it any way you want using your favorite paint, stain, or preservative.





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